

Who Do You Need An Appointment With?

Receptionist Administration

- Registration Paperwork
- Change of Address / Contact Details
- Repeat Prescriptions
- Appointments

Practice Nurses

- Long Term Condition Reviews - Asthma, COPD, Diabetes, Hypertension, Coronary Heart Disease
- Immunisations
- Travel Clinic
- Contraception
- Cervical Smears

Physiotherapy

- Muscle, back or joint pain?
- Self refer to 0800 917 9390
- www.nhsinfom.scot/msk

Optician

Lanarkshire Eye
Network Scheme
(LENS)

- Red or Pink Eye/ Eye Infection/ Visual Loss /Painful Eye/Dry Eyes
- Phone to request an urgent LENS appointment at:
 - Clear Vision Carluke 01555 772448
 - John Call Carluke 01555 772100
 - Martin Yuill Lanark 01555 661695
 - Tuite Optician Wishaw 01698 373296

Treatment Room Team

- Blood Tests requested by GP or Hospital
- Wound assessment & management
- Ear syringing - see GP first
- Make Appointment at Community Desk or Phone 01555 777500

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Health Improvement

- Stop Smoking Service 0300 303042 or text 'Advice' to 81066
- Weight Control - 'Weigh To Go' service at Carluke Leisure Centre 01555 751384

Pharmacy

- Advice on Medication
- Minor Ailments
- Eye, Skin or Urine Infections
- Emergency Contraception
- CONTACT YOUR LOCAL CHEMIST

Health Visitors

- Health/Growth development
- Pre-school immunisations
- Infant Feeding or Weaning
- Potty Training
- Behavioural Concerns
- PHONE 01555 777435/ 777437/ 777438

Sexual Health Clinic

- Contraceptive Pill/IUCD/Implants/Injections
- Sexual Health and Wellbeing Advice
- Sexually Transmitted Infection
- SELF REFERRAL: 0300 30 30 251
- www.lanarkshiresexualhealth.org

Alcohol and Drug Support

- Addaction self refer on 0800 599 9774
- Community Addiction Recovery Service (CAREs) complete a self referral form at community reception

Podiatry

- Complete self referral form at the Community desk
- Ingrowing Toenails/ Structural or mechanical feet problems/ Infected or painful foot lesions

Midwife

- For urgent queries contact EPAS on 01698 366217 or Maternity Triage on 01698 366210
- For routine queries contact 01555 667155

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GENERAL PRACTITIONER

GP Appointments are available on Monday's 7am to 6pm and Tuesday to Friday 8am to 6pm by contacting Reception, By Telephone or Vision Online Services. Telephones are open from 8am each day.